

Wilderness Hydro

Massage Therapy

Scalp Massage	15min	R 100.00
Foot Massage / Hand Massage	20min	R 120.00
Indian Head Massage	30min	R 260.00
Leg Massage	30min	R 260.00
Reflexology for the feet	30min	R 260.00
Reflexology for the feet with scrub	45min	R 350.00
Back, Neck and Shoulder Massage	30min	R 260.00
Back, Neck and Shoulder Massage	45min	R 350.00
Back, Neck and Shoulder Massage and Foot Massage	50min	R 380.00
Golfers Massage (Back, Neck Shoulders & Legs)	60min	R 550.00
Swedish Full Body Massage	60min	R 500.00
Hot Stone Back, Neck & Shoulder Massage	30min	R 350.00
Hot Stone Full Body Massage	60min	R 550.00

Exfoliations & Wraps

Full Body Exfoliation	25min	R 300.00
Toning Body Polish	25min	R 400.00
Seaweed Toning Wrap - Detox & Firm	50min	R 450.00
Dead Sea Mud Wrap	60min	R 450.00
Full Body Exfoliation & Seaweed Wrap	60min	R 550.00
Full Body Exfoliation & Dead Sea Mud Wrap	60min	R 550.00

Hands

Re - Varnish	30min	R 90.00
Mini-Manicure (ex color varnish & mass)	30min	R 160.00
Manicure	60min	R 240.00
French Manicure	75min	R 260.00
Paraffin Wax Manicure	90min	R 330.00
Paraffin Wax Dip	30min	R 110.00

Feet

Re - Varnish	30min	R 90.00
Mini-Pedicure (ex color varnish & mass)	30min	R 160.00
Pedicure	60min	R 260.00
French Pedicure	75min	R 280.00
Pedi - Reflexology	90min	R 420.00
Paraffin Wax Pedicure	90min	R 340.00
Paraffin Wax Dip	30min	R 110.00

Eyes

EyeBrow Wax/ Pluck		R 60.00
Eyebrow Tint		R 60.00
Eyelash Tint		R 70.00
Eyebrow & Lash Tint		R 100.00

Prices may change, please confirm when making a booking.

Packages

Half Day Get Away	3 hrs	R 1,300
Sauna Session, Full Body Exfoliation, Indian Head Massage Back, Neck & Shoulders Massage, Reflexology and a Hydro Tub		

Hydro Breakaway	5hrs	R 2,000
Sauna Session, Full Body Exfoliation, Indian Head Massage, Swedish Full Body Massage, Hydro Tub, Manicure OR Pedicure and Environ Hands-on Vitamin Facial		

Stress Buster	1hr	R 520
Combination of Back, Neck & Shoulders Massage, Indian Head Massage & Foot Massage		

Quick Fix	1 hr 30min	R 770
Full Body Exfoliation, Indian Head Massage & Reflexology for the feet		

Revitalizing Salt & Seaweed Glow	1hr 15min	R 600
Full Body Exfoliation & Body Wrap with a relaxing Scalp Massage		

Facial Treatments

TheraVine	60min	90min
HydraVine Facial	R 500.00	R 550.00
TheraVine Deluxe Anti - Aging Facial	R 500.00	R 550.00
TheraVine Intensive Exfoliating Facial	R 500.00	
TheraVine Advance Cellular Gold Facial		R 600.00

Environ

Mini - Facial (cleanse,tone,scrub,mask)	30min	R 300.00
Environ Deep Cleansing Vitamin Therapy	60min	R 420.00
Environ Purifying Vitamin Therapy	90min	R 500.00

Waxing

Lip/Eyebrow/Chin		R 60.00
Facial Wax		R 140.00
Under Arm Wax		R 90.00
Arm Wax		R 150.00
Bikini Wax		R 100.00
G - String Wax		R 120.00
Half Leg Wax (below the knee)		R 140.00
Three Quarter Leg Wax (above knee)		R 160.00
Full Leg Wax		R 200.00
Back/Chest Wax		R 180.00
Brazilian Wax		R 200.00
Hollywood wax		R 250.00

Hydro Therapies

Sauna Room (as a lone treatment)	30min	R 120.00
Aromatherapy Bubble Bath	30min	R 160.00
Marine Bath	30min	R 180.00
Rasul Session	45min	R 380.00

Sunbed

Sunbed Session	30min	R 35.00
Sunbed Course (10 sessions valid 3 months)		R 250.00

Gym Membership :

Gym Memberships for Hotel Guest per day		R 30.00
Gym Memberships per Day		R 60.00
Gym Memberships Per Month		R 300.00
Gym Membership Three Months		R 750.00
Gym Membership Six Months		R 1,200.00

Think Body & Think Beauty	3hrs	R 1,340
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Back Massage , Reflexology, Pedicure & Environ
Hands - on Vitamin Facial

	3hrs	R 1,380
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Rejuvenate

Full Body Exfoliation, Indian Head Massage,
Environ Hands-on Vitamin Facial & Pedicure

	3hrs 15min	R 1,400
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Gentleman's Treat

Sauna Session, Full Body Exfoliation, Golfers Massage
Hydro Tub & Clarins Mens Facial

	2hrs	R 560
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Ultimate Happy Feet Treatment

Pedicure, Mask, Reflexology & Paraffin Wax

	2hrs	R 1,100
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Couples Reunite Mind, Body & Soul

Sauna Session, Swedish Full Body Massage
& a Hydro Tub Session Together

	2hrs 45min	R 1,300
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Wilderness Hydro

Anti - Stress

Full Body Exfoliation, Back Neck, Shoulder & Foot Massage, Indian Head Massage & Hydro Tub

2hrs 15min R 1,000

Hot Stone Indulgence

Hot Stone Full Body Massage, Indian Head Massage Reflexology & a Mini - Facial

2hrs 30min R 1,400

Detox & Firm

Sauna Session, Full Body Exfoliation, Detox & Firming Wrap, Lymph Drainage Massage & Moisture application

Pure Bliss

Body Polish, Swedish Full Body Massage, Indian head Massage & Facial (see available facials worth R500)

3hrs

R1,650

General Information

The Wilderness Hydro is open to the public.

Gift Vouchers can be purchased at Reception and are Valid for one month

Business Hours

May - August

Monday to Saturday : 08h00 to 19h00

Sundays : 09h00 to 17h00

September - April

Monday to Saturday : 08h00 to 20h00

Sundays : 09h00 to 17h00

Payment

We accept Master & Visa Credit & Cash. No Cheques.

50% deposit required on all treatments in excess of R300.

50% Deposit on all Hydro packages is required to secure bookings.

All deposits are non-refundable unless cancelled 7 days in advance.

Valid gift card treatments must be presented for the treatment.

Term and Conditions

Please bring comfortable open shoes & a bathing costume.

Female guests are not permitted to have any water treatments while menstruating for hygienic purposes.

Please remove your contact lenses before each treatment.

Allow sufficient time for digestion of food before you have a treatment.

Consumption of alcohol is strictly forbidden before treatments.

Please inform your therapist if you know or suspect that you are pregnant, have skin allergies or have any medical conditions such as high blood pressure etc.

Please have your cell on silent or switched off when entering the Hydro premises.

We are not liable for damages, injuries or loss of personal possessions.

No Children under the ages of 16 years will be allowed to have treatments unless accompanied by their parents or legal guardian.

Children under the age of 10 years are not allowed to enter the Hydro premises.